

RIVER CITIES COMMUNITY POOL

SPOOKTACULAR

KIDS TRIATHLON - AGES 4-12

OCTOBER 21 - 12:30 P.M. RACE STARTS—1:00PM
MANDATORY CHECK-IN 11:00 A.M.-12:15 P.M.
PREREGISTRATION IS REQUIRED
REGISTER BY OCTOBER 5 FOR \$8.00 T-SHIRT

.....
This event is FREE thanks to a grant from the M&M Community Foundation and support from our "DaYoooper Plunge"

Finishers will win a medal and receive a goodie bag. A parent or guardian must be present at all times. The swim will be in the RCCP pool; arm bands, noodles, or backfloats may be used. Lifeguards will be on duty and "swim angels" will be in the water accompanying non-swimmers. Adults may help children in the transition areas. Tricycles or bikes with or without training wheels may be used - NO big wheels. Bike helmets MUST be worn. Event is capped at 125 participants.



FOR QUESTIONS CONTACT
Kasey Ermis, Aquatics Director
Phone: 715.735.0585
E-mail: riverscitiescommunitypool@yahoo.com
Web: riverscitiespool.org

DETACH THIS PORTION BY CUTTING THE DOTTED LINE BELOW. MAIL THE BELOW REGISTRATION FORM AND T-SHIRT PAYMENT TO RIVER CITIES COMMUNITY POOL, 1125 UNIVERSITY DRIVE, MARINETTE, WISCONSIN 54143 BY OCTOBER 5TH TO BE GUARANTEED A T-SHIRT.

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REGISTRATION FORM

PARTICIPANT'S NAME:

ADDRESS:

PHONE NUMBER:

PARENT/GUARDIAN'S E-MAIL:

CIRCLE ONE (BASED ON THEIR AGE AS OF OCTOBER 1ST)	AGES 11-12	100 YD SWIM	2 MILE BIKE	.5 MILE RUN
	AGES 7-10	50 YD SWIM	1 MILE BIKE	.3 MILE RUN
	AGES 4-6	25 YD SWIM	.2 MILE BIKE	.15 MILE RUN
CIRCLE SHIRT SIZE:	-SM (7-8)	-MED (10-12)	-LG (14-16)	-ADULT SM

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