



## River Cities Community Pool Schedule

**October 2021** (715) 735-0585 [www.rivercitiespool.org](http://www.rivercitiespool.org) 1125 University Drive, Marinette, WI 54143

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim 5am-1pm	Open Swim 5am-1pm	Open Swim 5am-1pm	Open Swim 5am-1pm	Open Swim 5am-1pm	OPEN SWIM 6am -11am	OPEN SWIM 10am - 2pm
	Land Interval Training w/Martin 5:15a		Land Kettle Bell w/Martin 5:15a			
7am Aqua Deep Drenched w/Liz	Land Yoga w/ Bobbie 6am-6:45am	7am Aqua Drenched w/Liz	Land Yoga w/ Bobbie 6am-6:45am	7am Aqua Drenched w/Liz	October 9 <sup>th</sup> Open Swim Only 6a- 7:30a For Kids Tri	
8am Line Dancing &Movement w/Kimeen	8am AquaMix w/Karie	8am AquaYoga w/Karie	8am Deep Water Challenge w/Liz	8am Shallow Intervals w/Jessie		
OPEN SWIM 5pm -6pm	OPEN SWIM 4pm -7pm	OPEN SWIM 4pm -7pm	OPEN SWIM 4pm -7pm	OPEN SWIM 4pm -7pm	Starting 10/16 OPEN SWIM 11a-3p	Starting 10/17 OPEN SWIM 2p-6p
Swim Lessons: 4:15-5, 6-6:45pm	5pm AquaFit w/Dixie	5pm AquaBoards w/Jackie	5pm AquaFit w/ Dixie			
			7p-8p Open Underwater Hockey			

**Please Note:**

October 9<sup>th</sup> is the Kids Triathlon, the only open swim time will be from 6a-7:30a  
 The only open swim time will be from 5p-6p on Monday Evenings  
 Thursdays 7p-8p Will be Open Underwater Hockey-come check it out!!  
 STARTING 10/16 & 10/17 We will Try extending our weekend hours, if you like the  
 extended times make sure to come in during those times so we can continue.