

River Cities

Community Pool Association

August 2022 Pool Schedule

(715) 735-0585 www.rivercitiespool.org 1125 University Drive, Marinette, WI 54143

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim 5am-1pm	Open Swim 5am-1pm	Open Swim 5am-1pm	Open Swim 5am-1pm	Open Swim 5am-1pm	OPEN SWIM 6am -1pm	CLOSED HOURS FOR SUMMER
	Land Interval Training w/Martin 5:15am		Land Kettle Bell w/Martin 5:15am			
6am AquaWake with Helenea	Land Yoga w/ Bobbie 6am-6:45am	7am-7:45am Aqua Drenched w/Liz	6am AquaWake with Helenea Land Yoga w/ Bobbie 6am-6:45am	7am-7:45am Aqua Drenched w/Liz		
8am-8:45am Aqua Deep Drenched w/Liz	8am-8:45am AquaFit w/Dixie	8am-8:45am AquaYoga w/Dixie	8am-8:45am Deep Water Challenge w/Liz	8am-8:45am Shallow Intervals w/Jessie	8am-8:45am Water Mixup w/Rotating Instructors	
9am-9:45am Joints in Motion w/Karie			9am-9:45 Joints in Motion w/Karie			
OPEN SWIM 4pm -6pm	OPEN SWIM 4pm -6pm	OPEN SWIM 4pm -6pm	OPEN SWIM 4pm -7pm	NO EVENING HOURS FOR SUMMER		
5pm-5:45pm Aqua Drenched w/Liz	5pm-5:45pm AquaFit w/Dixie	5pm-5:45pm Aqua Drenched w/Liz	5pm-5:45pm AquaFit w/ Dixie			
			7p-8p Open Underwater Hockey			

Notes:

*Must have at least 4 people in any class to conduct the class.

*Text RCCP2 to 84483 for any pool closures