

November-December 2022 Pool Schedule (Temporary Altered Hours)

(715) 735-0585 www.rivercitiespool.org 1125 University Drive, Marinette, WI 54143

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim 5am-1pm	Open Swim 8am-1pm	Open Swim 5am-1pm	Open Swim 8am-1pm	Open Swim 5am-1pm	OPEN SWIM 7am-11am	CLOSED HOURS UNTIL FURTHER NOTICE
	Land Interval Training w/Martin 5:15am		Land Kettle Bell w/Martin 5:15am			
	Land Yoga w/ Bobbie 6am-6:45am		Land Yoga w/ Bobbie 6am-6:45am			
8:15am-9am Aqua Deep Drenched w/Liz	8:15am-9am AquaFit w/Dixie	8:15am-9am AquaYoga w/Karie or Dixie	8:15am-9am Deep Water Challenge w/Liz	8:15am-9am Shallow Intervals w/Jessie	8:15am-9am Water Mixup w/Rotating Instructors	
9am-9:45am Joints in Motion w/Karie			9am-9:45am Joints in Motion w/Karie			
NO EVENING HOURS UNTIL FURTHER NOTICE	OPEN SWIM 4pm -7pm	NO EVENING HOURS UNTIL FURTHER NOTICE	OPEN SWIM 4pm -7pm	NO EVENING HOURS UNTIL FURTHER NOTICE	NO EVENING HOURS UNTIL FURTHER NOTICE	
	5pm-5:45pm AquaFit w/Dixie		5pm-5:45pm AquaFit w/ Dixie			
			6-7pm Underwater Hockey			

Notes:

- These hours are temporary until lifeguards and staff retention issues are resolved. Thank you for your understanding and patience during this timeframe. We are diligently addressing the issue.
- Must have at least 4 people in any class to conduct the class
- Text RCCP2 to 84483 for any pool closures
- Holiday Hours:
 - Thanksgiving: November 24th closed all day and reopen November 25th from 5am-1pm.
 - Christmas: December 24th closed and reopen Tuesday, December 27th at 8am-1pm.
 - New Year's: December 31st close at 11am and all day on January 1st Reopen on January 2nd at 5am-1pm

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- AquaFit: shallow, moderate intensity
 - Aqua Drenched: deep & shallow, high intensity
 - Joints in Motion: shallow, low intensity
 - Shallow intervals: high intensity
 - Saturday Classes: mix up variety
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