

# River Cities

## Community Pool Association

Pool Schedule effective September - December 2023

[www.rivercitiespool.org](http://www.rivercitiespool.org) 1125 University Drive, Marinette, WI 54143

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim 5am-12pm	Open Swim 7am-12pm	Open Swim 5am-12pm	Open Swim 7am-12pm	Open Swim 5am-12pm	Open Swim 7am-11am	<b>Pool Closed</b>
	Land Interval Training w/ Martin 5:15am		Land Kettle Bell w/ Martin 5:15am			
	Land Yoga w/ Bobbie 6am-6:45am	7:15am-8am Aqua Deep Drenched/or Shallow Option w/ Liz	Land Yoga w/ Bobbie 6am-6:45am			
8:15am-9am Aqua Deep Drenched/or Shallow Option w/ Liz		8:15am-9am Aqua Yoga w/ Karie or Dixie	8:15am-9am Deep Water Challenge w/Liz	8:15am-9am Shallow Intervals w/ Jessie		
9:05am- 9:50am Joints in Motion w/ Karie			9:05am- 9:50am Joints in Motion w/ Karie			
Pool Closed 12-4pm	Pool Closed 12-4pm	Pool Closed 12-4pm	Pool Closed 12-4pm	Pool Closes @12pm	Pool Closes @11am	
Open Swim 4-7pm	Open Swim 4-7pm	Open Swim 4-7pm	Open Swim 4-7pm			
Swim lessons will resume in January	5pm-6pm AquaFit w/ Dixie	5pm-6pm AquaYoga w/ Dixie	5pm-6pm AquaFit w/ Dixie			
			6pm-7pm Underwater Hockey w/Steve			

**Notes:**

- Must have at least 4 people in any class to conduct the class.
- Text RCCP2 to 84483 for any pool closures.