

River Cities

Community Pool Association

Schedule effective October - December 2023

www.rivercitiespool.org 1125 University Drive, Marinette, WI 54143

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Swim Open Gym 5am-Noon	Open Swim Open Gym 7am-Noon	Open Swim Open Gym 5am-Noon	Open Swim Open Gym 7am-Noon	Open Swim Open Gym 5am-Noon	Open Swim Open Gym 7am to 11am	Facility Closed
	Land Interval Training w/Martin 5:15am		Land Kettle Bell w/Martin 5:15am			
	Land Yoga w/ Bobbie 6am-6:45am		Land Yoga w/ Bobbie 6am-6:45am			
		7:15am-8am Aqua Deep Drenched/or Shallow Option w/Liz				
8:15am-9am Aqua Deep Drenched/or Shallow Option w/ Liz	8:15am-9am Class TBA SOON!	8:15am-9am Aqua Yoga w/ Karie	8:15am-9am Deep Water Challenge w/ Liz	8:15am-9am Shallow Intervals w/ Jessie	8:15am-9am Aqua Fitness w/ Rotating Instructor	
9:05am-9:50am Joints in Motion w/ Karie			9:05am-9:50am Joints in Motion w/ Karie			
Pool Closed Noon-4:00pm	Pool Closed Noon-4:00pm	Pool Closed Noon-4:00pm	Pool Closed Noon-4:00pm	Pool Closes at Noon	Pool Closes at 11:00am	
Open Swim Open Gym 4-7pm	Open Swim Open Gym 4-7pm	Open Swim Open Gym 4-7pm	Open Swim Open Gym 4-7pm			
Swim lessons to resume in January	5pm-6pm AquaFit w/ Dixie	5pm-6pm Aqua Yoga w/ Dixie	5pm-6pm AquaFit w/ Dixie			
			6pm-7pm Underwater Hockey w/ Steve			

Notes:

**Must have at least 4 people in any class to conduct the class.

**Text RCCP2 to 84483 to receive text information on pool closures.